

GOVERNMENT COLLEGE OF EDUCATION



Institute of Advanced Studies in Education

CLUSTER UNIVERSITY, SRINAGAR

Maulana Azad Road Srinagar (J&K)

(NAAC RE-ACCREDITED GRADE "A" (CGPA 3.24))

Email: principal-iase@jk.gov.in / <http://www.gcoekmr.edu.in>



REPORT ON AWARENESS PROGRAMME ON "PREVENTION AND REHABILITATION"

Under the Banner of "Nasha Mukht Yuva for Viksit Bharat Sankalp Abhiyan"

Organised by: College Wellbeing and Anti-Substance Cell (CWASC), in collaboration with the NSS Units and Student Council

Institution: Government College of Education (IASE), Cluster University Srinagar

Date: 11 October 2026

Time: 10:00 AM

Venue: College Auditorium

Number of participants :29

1. Introduction

The College Wellbeing and Anti-Substance Cell (CWASC), in collaboration with the NSS Units and the Student Council of Government College of Education (IASE), Srinagar, organised an awareness programme on the theme "Prevention and Rehabilitation" under the banner of Nasha Mukht Yuva for Viksit Bharat Sankalp Abhiyan on 11 October 2026 in the College Auditorium. The programme aimed to sensitise students and the college community to the growing concern of substance abuse and to highlight the significance of preventive education, timely intervention, rehabilitation, and social reintegration in addressing the problem of drug addiction.

The programme was organised in recognition of the important role that educational institutions and young people can play in building a healthy, responsible, and drug-free society. It emphasised that the vision of a developed India can be realised only when its youth are physically, mentally, and socially empowered and protected from the harmful consequences of substance abuse.

2. Proceedings of the Programme

The programme commenced with the Nasha Mukht pledge-taking ceremony, during which participants reaffirmed their commitment to staying away from

substance abuse, spreading awareness among their peers, and contributing towards the creation of a drug-free society. The pledge highlighted the collective responsibility of students, teachers, and the wider community in preventing substance abuse and supporting individuals affected by addiction.

The proceedings of the programme were moderated by Mr. Arif Rashid, a student of M.A. 4th Semester, who conducted the programme in a systematic and engaging manner.

3. Opening Remarks by the Programme Coordinator

In his opening remarks, Prof. Lateef Ahmad Shah, Programme Coordinator, highlighted the significance of the Nasha Mukta Yuva for Viksit Bharat Sankalp Abhiyan and underscored the need to transform awareness into meaningful action. He emphasised that substance abuse is not merely an individual concern but a wider social challenge that affects families, educational institutions, communities, and the overall development of society.

Prof. Shah explained that the theme “Prevention and Rehabilitation” represents two essential and complementary dimensions of drug de-addiction. Prevention helps individuals, particularly young people, develop awareness, make informed decisions, resist peer pressure, and adopt healthy lifestyles before they become vulnerable to substance use. Rehabilitation, on the other hand, provides individuals affected by addiction with the necessary treatment, counselling, emotional support, and opportunities for recovery and reintegration into society.

He further stressed that awareness campaigns should move beyond the dissemination of information and encourage responsible behaviour, empathy, and collective participation. He highlighted the responsibility of educational institutions in promoting positive values, strengthening protective factors among students, and creating an environment where individuals can seek help without fear of stigma or discrimination.

The Coordinator also emphasised that people struggling with substance dependence should be treated with dignity and compassion. Timely intervention, professional assistance, family support, and sustained rehabilitation can contribute significantly to recovery. He encouraged students to become ambassadors of the drug-free movement and to actively participate in spreading awareness within their families, peer groups, and communities.

4. Student Deliberations on the Theme

Following the opening remarks, students shared their perspectives on the theme of the programme, highlighting the importance of prevention, rehabilitation, and youth participation in addressing substance abuse.

Mr. Aman, a student of B.Ed. 3rd Semester, deliberated on the theme and highlighted the importance of preventive awareness among young people. He emphasised the need to educate students about the harmful consequences of substance abuse and to encourage responsible decision-making, positive peer relationships, and healthy lifestyle choices. His deliberation reinforced the idea that awareness and early prevention are essential steps towards reducing the risk of substance use among youth.

Ms. Sneha Chaudhary, a student of B.Ed. 1st Semester, also shared her views on the theme, drawing attention to the importance of rehabilitation and social support in the process of recovery. Her deliberation highlighted the need to replace stigma and social exclusion with understanding, encouragement, and compassion. She underscored the importance of creating a supportive environment in which individuals affected by substance abuse can access appropriate assistance and regain their confidence and social acceptance.

The student deliberations added an important dimension to the programme by encouraging peer learning and demonstrating that young people can play a meaningful role in promoting awareness, prevention, and rehabilitation.

5. Key Messages and Outcomes

The programme conveyed several important messages regarding the prevention and eradication of substance abuse:

Prevention through awareness: Educating young people about the risks and consequences of substance abuse is essential for promoting informed choices and responsible behaviour.

Early identification and intervention: Timely recognition of substance-related problems and access to appropriate professional support can help reduce their harmful consequences.

Rehabilitation and recovery: Individuals affected by substance dependence need access to treatment, counselling, continued support, and opportunities to rebuild their lives.

Combating stigma: Addiction should be addressed with empathy and a supportive approach that encourages individuals to seek help and pursue recovery.

Youth participation: Students can serve as effective ambassadors of awareness by sharing accurate information and encouraging healthy, drug-free lifestyles among their peers.

Collective responsibility: Educational institutions, families, communities, and relevant support services must work together to strengthen prevention and rehabilitation efforts.

The programme reinforced the understanding that the fight against substance abuse requires a sustained and coordinated approach in which prevention, early intervention, rehabilitation, and social reintegration are treated as interconnected priorities.

6. Conclusion and Vote of Thanks

The programme concluded with a formal vote of thanks, expressing gratitude to the college administration, the programme coordinator, the moderator, the participating students, and all those associated with the organisation of the event. Appreciation was also extended to the CWASC, NSS Units, and Student Council for their collaborative efforts in organising the awareness initiative.

The programme successfully provided a platform for reflection and discussion on the theme of prevention and rehabilitation. Through the pledge-taking ceremony, the Coordinator's opening remarks, and the student deliberations, the event reinforced the message that a drug-free society can be built through awareness, responsible youth participation, timely intervention, and compassionate support for recovery.

The initiative was in consonance with the objectives of the Nasha Mukta Yuva for Viksit Bharat Sankalp Abhiyan and reaffirmed the commitment of Government College of Education (IASE), Srinagar, towards promoting student wellbeing and contributing to the larger goal of a healthy, empowered, and drug-free India.

Sd/-
Coordinator

Sd/-
Principal

Photographs of the Event





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AWARENESS PROGRAMME

NASHA MUKT YUVA FOR VIKSIT BHARAT SANKALP ABHIYAN

THEME: PREVENTION AND REHABILITATION

DATE

11 October 2026

TIME

10:00 AM

VENUE

College Auditorium

TOGETHER FOR A HEALTHIER, DRUG-FREE SOCIETY

Promoting awareness on substance-use prevention, timely intervention and rehabilitation.
Empowering young people to make informed choices and support individuals on the path to recovery.

SAY NO TO DRUGS • SAY YES TO LIFE

Organised by CWASC in collaboration with the NSS Units and Student Council

A drug-free youth is the foundation of a developed nation.



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NOTICE

This is to inform all Faculty Members and Non-Teaching Staff scheduled for examination duty, as well as members of the Student Council and NSS Volunteers, that the College Wellbeing and Anti-Substance Cell (CWASC), in collaboration with the NSS Units and Student Council, is organizing an Awareness Programme on the theme "Prevention and Rehabilitation" under the banner:

"Nasha Mukh Yuva for Viksit Bharat Sankalp Abhiyan"

Date: 11th October 2026

Time: 10:00 AM

Venue: College Auditorium

The programme aims to create greater awareness about the prevention of substance abuse, the importance of timely intervention, rehabilitation, and the role of young people in building a healthy, responsible and drug-free society.

Let us make a difference

A drug-free youth is the foundation of a Developed Nation.

Let us come together not merely to spread awareness, but to take a collective pledge to prevent substance abuse, support individuals on the path to recovery, and build a healthier and stronger society. Your presence and active participation will strengthen this important initiative and reaffirm our shared commitment to a drug-free youth and a developed India. All concerned are requested to participate wholeheartedly and make the programme meaningful and impactful.


Principal

Copy to:

1. All concerned for information.
2. Office file for records.

NO. GCOR/IASC/26/2343

Date: 10/10/2026

Activity: Awareness Program Under NASHA MUKT YUVA FOR VIKSIT BHARAT SANKALP ABHIYAN

Dated: 11-10-2026

S.No.	Name	Designation	Sign.
1.	ARIF RASHEED	STUDENT	
2.	Faizaan Wani	B.Ed. 2nd sem	
3.	Meenakshi Pandita	" BEd 2nd sem	
4.	Haseeba Pangwal	" BEd 2nd sem	
5.	Sneha Choudhary	BEd (1st Sem)	
6.	Shakeena Shakir	B.Ed 2nd sem	
7.	Amreen Ashraf Malik	B.Ed 3RD SEM	
8.	Sonika Koul	B.Ed. (2nd sem.)	
9.	Meenakshi Pandita	B.Ed (2nd sem.)	
10.	Abinash Panotra	B.Ed. (2nd sem.)	
11.	Prof. Latif Dr. Shah	Asstt prof	
12.	Yunis Bait	Asstt Prof	
13.	Syed Ali	Asstt prof	
14.	Mukhtar Ali Khan	LFE	
15.	Rajinder Singh	Se. Asstt.	
16.	Dr. AS Rashid Shukla	Assistant Prof	
17.	Zahid Mirza Wani	AA	
18.	Shaista Khan	Tech. Asstt	
19.	Dr. Yawheed Raza	Assistant Professor	
20.	Syed Iqbal	Tech. Asstt	
21.	Desh Bandu	Director Physical Edu.	
22.	ASIF SHAH	Tech. Asstt.	
23.	Nazim Ahmed Rame	Asstt. Professor	
24.	Sandeep Kaur	Asstt PT-I	
25.	Farooq Ahmed Wani	Asstt prof	
26.	Dr. M. Anwar Wani	AP (C).	
27.	Rauf Ali	Lib. Asstt.	
28.	Syed Shabir Shariq	Asstt. professor	
29.	Dilshada	officer.	
30.			

Coordinator
11/10/26