

# GOVERNMENT COLLEGE OF EDUCATION



Institute of Advanced Studies in Education  
CLUSTER UNIVERSITY, SRINAGAR  
Maulana Azad Road Srinagar (J&K)  
**(NAAC RE-ACCREDITED GRADE "A" (CGPA 3.24))**  
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## Workplace Awareness Program: A Brief Report

In continuation with the activities being conducted under "*Nasha Mukh Bharat Abhiyaan-2026*", "*College Well-being and Anti-Substance Cell (CWASC)*" of Government College of Education, M.A.Road, Srinagar organised a *Workplace Interaction Program cum Awareness Session* with all the teaching and non-teaching staff of the college on 30<sup>th</sup> of May, 2026. Prof. Latief Ahmad Shah, SPOC-I briefed the audience about the roles and responsibilities as a part of IASE community. He talked about the role teachers play in both preventing and addressing drug addiction among students. Because they interact with young people daily, they are often among the first adults to notice changes in behaviour and can influence students' attitudes and choices in powerful ways. He further added that teaching skills like stress management, decision-making, and resisting peer pressure equips students to handle challenges without resorting to substance use.

Dr. M.Yasin Pir, staff secretary of the college, advocated drug de-addiction as shared responsibility of all the responsible citizens of the society. He further added that teachers are not just educators—they are mentors, observers, and frontline supporters who can significantly reduce the risk of drug addiction and help students recover if problems arise.

Dr. Shabina Allaqaband, Joint Staff secretary of the college impressed upon maintaining the confidentiality of the individual if any found involved even in cigarette smoking. She further said, that when students feel heard and valued, they are more likely to seek help instead of turning to drugs.

Prof. Bilqees Shah, SPOC-II of the college in her remarks said that, it takes courage for someone to admit they may have a problem with drugs or alcohol. Recognising you might have an issue and asking for help is an important first step to making a change.

Suggestions were gathered from all the teaching and non-teaching staff members of the college. These suggestions were well taken and documented by the members of College Well-being and Anti-Substance Cell (CWASC). These suggestions will play a part in drafting a blueprint of course of action to be taken within college premises in order to curb the menace of drug addiction.

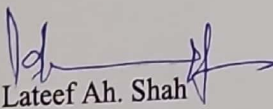
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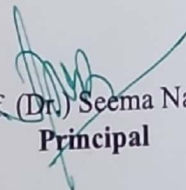


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Dr. Irfat Ara Khan, Dean Students of the college and in-house counsellor of CWASC presented the concluding remarks. She said that a supportive and respectful classroom reduces stress and emotional isolation—two common factors that can push students toward substance use. Teachers influence behaviour through their own actions. Demonstrating healthy coping mechanisms, discipline, and responsible behaviour can encourage students to adopt similar habits. Dr. Irfat Ara also presented the vote of thanks.

  
Prof. Lateef Ah. Shah  
SPOC-I (CWASC)

  
Prof. (Dr.) Seema Naz  
Principal

no. GCOE/IASE/26/12/17

Dated 02/6/2026

