



GOVERNMENT COLLEGE OF EDUCATION

Institute of Advanced Studies in Education

CLUSTER UNIVERSITY, SRINAGAR

Maulana Azad Road Srinagar (J&K)

(NAAC RE-ACCREDITED GRADE "A" (CGPA 3.24))

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REPORT OF ONE-DAY PARENT WORKSHOP SAMANBAL ON THE THEME " EARLY IDENTIFICATION OF SUBSTANCE USE"

A **One-Day Parent Workshop SAMANBAL**, focusing on the critical theme of "Early Identification of Substance Use", was successfully organized at the Government College of Education, IASE, Srinagar. The institutional event was meticulously coordinated by the Student Council in close collaboration with the College Wellbeing and Anti-Substance Cell (CWASC). Conducted under the administrative framework of the **National Nasha Mukh Bharat Abhiyan (NMBA) campaign**, the workshop commenced at 11:00am in the College Auditorium. The primary objective of this intervention program was to bridge the communication gap between families and the academic institution, creating a synchronized community defense mechanism to detect early vulnerabilities and protect young adults from substance dependency.

The program commenced with a formal Welcome Address cum Special Address delivered by the worthy Principal, **Prof. (Dr.) Seema Naz, Nodal Principal, Kashmir Division Colleges**. In her address, she strongly highlighted the shared and interconnected role of parents and teachers in ensuring the holistic, all-round development of children. She further narrated that the institution is deeply committed to institutionalizing wellness frameworks and assured the audience that the college will continue to strengthen these vital community-oriented initiatives in the future. Following the Principal's address, **Prof. Lateef Ahmad Shah, Dean of Students Welfare (Boys)** and a core representative of CWASC, presented a detailed thematic overview of the event. This administrative context-setting was immediately followed by the screening of an impactful documentary outlining the psycho-social hazards of substance use, which was succeeded by a poignant rendition of the institutional Tarana by a dedicated student group.

To communicate the core message through creative and affective mediums, the student community actively engaged the audience through various artistic presentations. Tabinda Manzoor, a student from the ECCE 2nd Semester, delivered a poetry recitation highlighting societal vulnerabilities. This was followed by moving, solo musical performances by Showkat Ahmad (B.Ed 1st Semester) and Peerzada Majid (B.Ed 3rd Semester). Furthermore, a group of B.Ed 1st Semester students staged an evocative dramatic skit that realistically illustrated peer pressures, subtle behavioral transformations, and the vital importance of proactive parental

vigilance at home. The technical proceedings of the workshop were smoothly anchored by Muneer Ahmad Dar, a student of the B.Ed 3rd Semester.

The core technical session of the workshop featured a special expert address titled "**Role of Parent in Nurturing Child**", delivered by **Dr. Irfat Ara Khan, Dean of Students Welfare (Girls)**. Dr. Khan provided deep psychological insights into modern parenting paradigms, stressing the necessity of emotional availability, non-judgmental communication channels, and the systematic identification of early behavioral deviations. Following this expert address, the cultural heritage of the region was celebrated through a traditional Rouf dance performed by a group of college students, symbolizing community unity and strength. A copy of college magazine was handed over to each parent.

The workshop drew to a successful close with a final valedictory segment. Peerzada Majid B.Ed 3rd Semester shared individual student insights regarding campus support expectations, followed by a formal Vote of Thanks delivered by Arif Rasheed, President of the Student Council. The rapporteur of the programme was **Prof. Mohd Ishaq Dar, Assistant Professor**, Department of Education.

Sd/-
Dr. Irfat Ara Khan
DSW (Girls)

Sd/-
Prof. Lateef Ahmad Shah
Coordinator CWASC

Sd/-
Prof. (Dr.) Seema Naz
Principal

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Photographs



