



GOVERNMENT COLLEGE OF EDUCATION

Institute of Advanced Studies in Education

CLUSTER UNIVERSITY, SRINAGAR

Maulana Azad Road Srinagar (J&K)

(NAAC RE-ACCREDITED GRADE "A" (CGPA 3.24))

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REPORT ON YOUTH EMPOWERMENT OPPORTUNITIES IN THE WELLNESS INDUSTRY

Health Club, Govt. College of Education organised an awareness programme on “Youth Empowerment Opportunities in Wellness Industry” on 02/09/2025.

The event on Youth Empowerment Opportunities in the Wellness Industry was organized to highlight the potential of the wellness sector as a source of sustainable livelihood, innovation, and entrepreneurship for young people. With wellness emerging as one of the fastest-growing global industries, the program aimed to create awareness among the youth about available opportunities in holistic health, organic farming, fitness, and mental well-being.

The programme commenced by a formal welcome address by Dr Mansoor Ahmad Lone, coordinator health club under the supervision and guidance of Dr. Pir Yasin, Incharge Principal. Dr Mansoor, besides formally welcoming the dignitaries etc, emphasised the relevance of such programmes in creating awareness among students and faculty about the scope and significance of the wellness industry in empowering youth. The backdrop of the programme was also presented by him. In his backdrop, he brought to the fore the objectives of the programme which he discussed as follows:

1. To explore career and entrepreneurial opportunities in the wellness sector.
2. To encourage youth participation in health, organic agriculture, mental wellness, and allied fields.
3. To facilitate dialogue between policymakers, professionals, and youth.
4. To highlight local opportunities for skill development and innovation.

Mr. Shiraz Khaki, an eminent motivational speaker moderated the session and ensured smooth flow of discussions besides holding an interactive session I himself on the said theme, engaging the audience in highlighting practical insights for youth. Mr. Sarfaraz Bhat (JKAS, 2015) held the session II of the day. As a civil servant, he shed light on government schemes, youth policies, and incentives available in wellness-related sectors. He effectively emphasized how youth can benefit from self-employment and skill development initiatives. Mr. Sarfaraz accentuated that in order to stay relevant in present day world where AI is quite a pervasive technology the how required significance of being creative is essential. He also Provided perspectives on how local communities can adopt wellness practices and involve youth in awareness campaigns.

The program concluded on a note that the wellness industry is not only about health and lifestyle but also a viable path for youth empowerment. With government support, media promotion, and grassroots engagement, young people can transform this sector into a hub of innovation, employment, and sustainable growth.

Formal vote of thanks was presented by Mr. Arshad Sualeh, Member Health Club and the proceedings of the event was recorded by Prof. Goussia Nissar, Co-Convenor Health Club.

Sd/-
Prof. Goussia Nissar
Rapporteur

Sd/-
Dr. Mansoor Ahmad Lone
Coordinator

Sd/-
Principal

No:- GCOE/IASE/25/1824,

Dated: - 02/09/2025

Photographs



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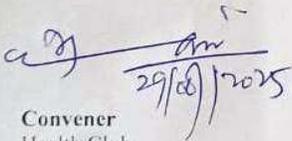
NOTICE

The Health Club of the College is organizing a programme on "Youth Empowerment Opportunities in Wellness Industry". The objective of this event is to create awareness among students and faculty members about the scope and significance of the wellness industry in empowering youth.

The programme is scheduled to be held on **02/09/2025 (Tuesday)** and will feature an inspiring talk by **Mr. Sarfaraz Ahmad Bhat (JKAS, 2015 Batch)**.

All **students and faculty members** of the college are required to participate in the programme to make it a meaningful and successful event.

Your cordial cooperation is solicited.


29/08/2025
Convener
Health Club


Principal

No:-GCOE/IASE/25/1797

Dated:-29/08/2025