



GOVERNMENT COLLEGE OF EDUCATION

Institute of Advanced Studies in Education

CLUSTER UNIVERSITY, SRINAGAR

Maulana Azad Road Srinagar (J&K)

(NAAC RE-ACCREDITED GRADE "A" (CGPA 3.24))

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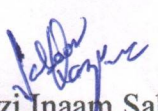
REPORT OF ONE DAY TREKKING PROGRAMME 2025


The Department of Physical Education successfully organized a **One-Day Trekking Programme for (Men/Women) from Harwan to Astanmarg on 30th July 2025** under the dynamic leadership of the worthy Principal Prof. (Dr.) Seema Naz. The event was flagged off from the college campus at 07:00 AM. A total of 39 registered student and 6 staff members participated in the trek. The participants assembled at the college at 6:45 AM and departed promptly at 7:00 AM in the college bus. Despite rainy weather conditions, the event was carried out with great enthusiasm, providing participants with an adventurous and memorable experience. The college provided the refreshment packs for all the participants, which the students carried along during the trek.

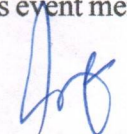
The trekking route was scenic and challenging providing students with an opportunity to experience adventure and teamwork. The total trekking distance was approximately 13 kms (To & Fro) Prof. Mehraj Din Dar, Prof. Mansoor, Dr. Qazi Inaam Saboor (PTI) and Ms. Daljeet Kour (APTI) accompanied the group, ensuring safety and guidance throughout the journey.

On the return journey, the group stopped at Harwan Park, where students enjoyed their packed lunches amidst the serene natural surroundings. The break provided a refreshing pause and an opportunity for group bonding.

The team returned to the college campus at 4:00 PM, concluding the event successfully. The trekking programme was a great success, fostering physical fitness, teamwork, and a spirit of adventure among the participants. The Department of Physical Education extends its gratitude to all the students, staff, and faculty members who contributed to making this event memorable.


Dr. Qazi Inaam Saboor
PTI


Ms. Daljeet Kour
APTI


Dr. Mohd Yasin Pir
Convenor Sports


Prof. (Dr.) Seema Naz
Principal

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Photographs

