

# CLUSTER UNIVERSITY SRINAGAR

## Subject: EDUCATION

### Syllabus for U.G (Hons.) Education Semester 3<sup>rd</sup>

**Course Title: Early Childhood Care and Education-III**

**Credit 2+2**

**Course Code: UGEDUS22301**

Course objectives:

1. To comprehend the significance of child's health and hygiene Credit
2. To create awareness about common ailments and their remedies
3. . To understand the importance of creating healthy habits at early age
4. To understand the significance of maintaining health records by schools.

#### **Learning outcome:**

On the completion of this course, the students shall be able to;

Elucidate importance of child health and hygiene

Explain the significance of Health and Hygiene Programmes in schools.

#### **Unit I: Child Health and Hygienic**

- a) Meaning and Concept of health and hygiene
- b) Common childhood diseases- common cold, ear infection, influenza, diarrhoea, urinary tract infection (causes, symptoms and prevention)
- c) Definition and importance immunization
- d) Schedule of immunization

#### **Unit II: Health Programme and Hygiene in the school**

- a) Creation of healthy habits and routines among children.
- b) Organization and importance of Regular Medical Check-up camps by schools.
- c) Maintenance of health records by school
- d) Significance of health records and immunization schedule

#### **Unit III: Practicum I**

- a) Observation and record of activities carried at Anganwadis, (ICDS centre) Balwadis, crèches and Day Care Centres.
- b) b) Visit to immunization centres and preparation of report

#### **Unit IV: Practicum II**

- a) Interaction with lactating mothers and expected mothers
- b) Visit to children's hospital and prepare records about facilities and problems
- c) Visit to school for understanding the various schemes and policies of Govt for welfare of children with programme to ECCE

## Suggested Readings:

- Austin, Gilbert R. Early Childhood Education. An New York: Academic Press, International Perspective, 1976.
- Banta, T. (1966). Are these Really a Montessori Method? Columbus, Ohio Psychological Association and Ohio Psychiatric Association
- Bloom Benjamin, S. (1964) ). Stability and Change in Human Characteristics. New York: John Wiley & Sons Inc.
- Brown, G (1977) Child Development. London: open books, Central Advisory Board of Education
- Cole, York: M., Worth & Cole, Publishers. S. (2001). The development of Children (4th cd.). New
- Sen Gupta, M. (2009) Early Childhood Care and Education. New Delhi: PHI Learning Pvt. Ltd