



## **CLUSTER UNIVERSITY OF SRINAGAR**

### **SUBJECT: EDUCATION** **Syllabus for U.G (Hons.) Semester 6th** **(CT-01 MINOR)**

**Title: EDUCATIONAL GUIDANCE & COUNSELLING**  
**Course Code: UGEDU22N601**

**Credit Score: 04 (03 +01)**  
**Max. Marks: 100 (75+25)**

**Theory (External) = 75 Marks**  
**Practicum (Internal) = 25**

### **Expected Learning Outcomes**

After the completion of the course, the students will be able to:

- Understand the role of Guidance services for the development of the children over all personality.
- Understand the fundamentals of counselling and the steps to be followed while counselling.
- Explore the role & requirements of a counsellor to provide counselling.

### **Theory (03 Credits: 45 Hours)**

#### **Unit- I GUIDANCE**

- a) Meaning, Need and Importance
- b) Types of Guidance-Educational, Vocational and Personal
- c) Basic Principles of Guidance services

#### **Unit-II COUNSELLING**

- a) Meaning, Importance and Steps
- b) Types of Counselling-Directive and Non-directive
- c) Qualities and Qualifications of an effective counsellor

#### **Unit-III THEORIES OF COUNSELLING**

- a) Psychoanalytic Theory
- b) Behavioural Theory
- c) Humanistic Theory

### **Practicum (01 Credits: 15 Hours)**

#### **Unit-IV**

- a) Preparation of Case History of Slow Learners.
- b) Three Demonstrations by each student as counsellor (for Personal, Educational and Vocational Counselling) in a peer group.

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- Jennifer M K. (2006). Understanding Career Counselling – Theory, Research and Practice - Sage Publication, Dalaganjan.
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