

CLUSTER UNIVERSITY SRINAGAR DEPARTMENT OF EDUCATION

DEPARTMENT OF EDUCATION

SYLLABI FOR SKILL ENHANCEMENT COURSE (SEC)

TITLE: EARLY CHILDHOOD CARE AND EDUCATION

SEMESTER II

CREDITS: (04)2 THEORY 2 PRACTICAL)

COURSECODE: UGEDU22S201 (SEC)

Learning objectives:

- To enable the students to understand the stages of Child Development
- To enable the students to understand the Growth, Nutritional requirement, Immunization schedule, Emotional security and Right way of parenting of children.
- To enable the students to develop the skills in planning play, craft activities.
- To enable the student to conduct case study and awareness programs.
- To enable the students to develop comprehensive approach in understanding the overall functioning of pre primary schools.

Learning outcomes:

- Develop a sound theoretical understanding of different stages of child development
- Develop a comprehensive perspective of foundations of child development.
- Emphasize a combination of various activities involved in Early childhood care and practical application necessary for successful employment at Pre-Primary and Day care centers.
- Prepare the students to interact meaningfully with young children.

Unit 1: STAGES OF CHILD DEVELOPMENT

- **Child Development in the First Twelve Months**

Prenatal Development and Care: Physical, Motor and Sensory Development
Cognitive Development: The Emergence of Thought, Language Development, The Learning to Speak,
Socio-Emotional Development: The first Relationships, Play Activities for Fostering Development

- **Child Development During Toddlerhood (13-36 months)**

Physical and Motor Development: Increase in Mobility and Control
Cognitive Development: Towards Mental Representation
Language Development: From Words to Sentences
Socio-Emotional Development: Expanding Relationship and the Emerging Self

Child Development Preschool Years (3-6 years)

Development Physical Strength and Motor Coordination Development
Cognitive Abilities and Understanding Concepts
Enhancing Language Skills

UNIT II FOUNDATIONS OF CHILD DEVELOPMENT

1. Guidance about growth and development of children (0-6)
2. Need of love and emotional security
3. Right way of parenting
4. Nutritional requirement of children

UNIT III Preparing Play and art Material

1. Develop Play material for children
2. Play materials for indoor and outdoor in pre-school.
3. Art and Craft activities for young children
4. Preparation of stories & songs for children

UNIT IV Observation and preparation of activities

1. Observing how children play indoors and outdoors in preschool institutions
2. Observe children in any family and note the nature of relationship and exchange
3. Observe adult child interaction in families from different social backgrounds and collect a list of child related festivity in families from different regions
4. Case studies of children with behaviour problem

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