



Office of the Principal GOVERNMENT COLLEGE OF EDUCATION



Institute of Advanced Studies in Education

CLUSTER UNIVERSITY, SRINAGAR
Maulana Azad Road Srinagar (J&K)
(NAAC RE-ACCREDITED GRADE "A" (CGPA 3.24))



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REPORT ON TRAINING PROGRAMME UNDER BASIC LIFE SUPPORT

Health Care Center of the college in collaboration with NSS Units of college organized a Basic life Support Training (BLS) on 12.03.2024 in the multipurpose hall. In the training various NSS volunteers, freshly enrolled in service students of B.Ed 1st sem and faculty members participated. Doctor Ruhee (the trainer) explained that basic Life Support training not only equips us with lifesaving skills but emphasizes essential safety measures like scene safety, effective communication and proper techniques which are crucial for ensuring the well being of both rescuers and victims in emergency situations. She elaborated various essential measures which are essential in emergency situations like assessing consciousness, providing first aid for fractures, treating burns, managing shocks, Control bleeding, positioning and Support etc. Later she also demonstrated various hands on trainings and techniques like proper hand placement and compression depth to prevent injury to themselves and the victim. This Basic Life Support Training ensured a holistic understanding of safety measures, promoting a secure and efficient response in life threatening situations. These safety measures together with BLS techniques ensure a comprehensive approach in managing various emergency situations. Overall all the students and faculty members found the training very beneficial. The program was concluded by Prof Nahida (Convener Health Care Center) wherein she thanked all the participants and the doctor for giving such a need based training.



Prof. Altaf Shah Syed
NSS Programme Officer
Unit-I



Prof. Nahida
Convener HCC



Principal

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PHOTOGRAPHS

